

## ABSTRACT

An anchored fiber optic cable and housing assembly. The assembly comprises: a fiber optic cable comprising a strength member and a jacket around the strength member, an anchor mounted on the cable, wherein the strength member includes a first end extending from the end of the cable and structurally engaged with the anchor; and a housing comprising an anchor cavity and a cable inlet, the anchor cavity comprising a shoulder for engaging with the anchor, wherein the anchor is mounted in the housing cavity and the cable extends through the cable inlet, and wherein the anchor cavity shoulder is engaged with the anchor to prevent the anchor from exiting the housing through the cable inlet. An anchored cable is also described, as are methods for mounting the anchor on the cable and mounting the cable in a housing. The cable may include a plurality of optical fibers in the jacket.